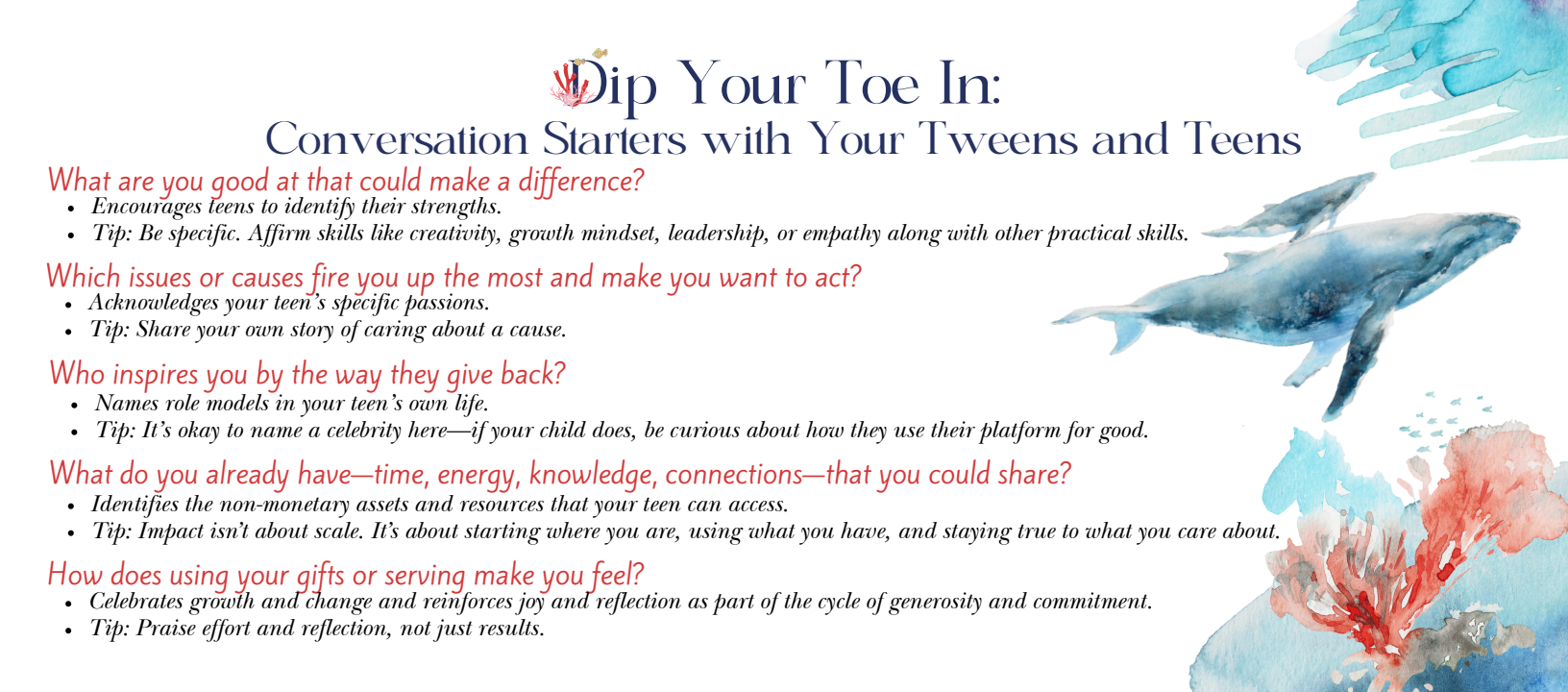


A watercolor illustration on the right side of the page. It features a blue whale swimming upwards towards the top right. Below the whale, there is a vibrant red coral reef structure. The background is a mix of light blue and white washes, suggesting an underwater environment.

Dip Your Toe In:

Conversation Starters with Your Tweens and Teens

What are you good at that could make a difference?

- *Encourages teens to identify their strengths.*
- *Tip: Be specific. Affirm skills like creativity, growth mindset, leadership, or empathy along with other practical skills.*

Which issues or causes fire you up the most and make you want to act?

- *Acknowledges your teen's specific passions.*
- *Tip: Share your own story of caring about a cause.*

Who inspires you by the way they give back?

- *Names role models in your teen's own life.*
- *Tip: It's okay to name a celebrity here—if your child does, be curious about how they use their platform for good.*

What do you already have—time, energy, knowledge, connections—that you could share?

- *Identifies the non-monetary assets and resources that your teen can access.*
- *Tip: Impact isn't about scale. It's about starting where you are, using what you have, and staying true to what you care about.*

How does using your gifts or serving make you feel?

- *Celebrates growth and change and reinforces joy and reflection as part of the cycle of generosity and commitment.*
- *Tip: Praise effort and reflection, not just results.*